

AFTER VAGINAL REJUVINATION SURGERY

WHAT TO EXPECT

You will notice some swelling and discoloration after surgery. Some minor discomfort in the area is normal. Swelling will begin to lessen after 7-10 days. Some oozing or spotting is common so you may wear a feminine pad for the first few days.

ACTIVITY

Rest at home for 2-3 days following surgery. It is important to stay off of your feet the first few days to help reduce swelling. You may resume sex and other physical activity after 6 weeks.

MEDICATION

Take your pain medication and antibiotic as prescribed. Do NOT take Advil, Aspirin, or Aleve products for two weeks after surgery. You may take Tylenol products.

BATHING

Showering is permitted the day after surgery. Use mild soap and water to clean the area. Blot the area dry when you are finished showering. Do not soak in the tub for two weeks.

SUTURES

Typically dissolvable sutures are placed along incisions. If sutures are placed that need to be removed, we will set up an initial follow up visit 5-7 days after surgery to remove them.

****Please feel free to call the office at any time if you have additional questions or concerns at 713.627.1200.****