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Look for
**DR. MICHAEL
CIARAVINO**
Featured in this Issue

Wedding Edition

Michael Ciaravino, MD, one of Houston's top plastic surgeons, is especially popular with the young, hip crowd who flock to his office in search of larger breasts and fuller lips. Many of our city's most beautiful women owe their gorgeous figures to the work of Dr. Ciaravino. And — as anyone who goes out in our city will readily notice — they are not afraid to show it.

Based on his background and personality, a career in plastic surgery seems like an ideal fit for the 41-year-old surgeon. Born in New York and raised in an Italian family, Dr. Ciaravino has always had an interest in art, beauty, fashion and design. This, coupled with a strong desire to help others, led him on a direct path to medical school and a career in plastic surgery. He graduated with honors from Tulane University and then from the University of Florida College of Medicine. After completing a general surgery residency in Florida, Dr. Ciaravino pursued his plastic surgery training in Houston — the home of the first breast implant and quite possibly "the breast implant capital" of the world.

Today, Dr. Ciaravino is well-known as one of the nation's leading breast augmentation surgeons, performing several hundred breast implant cases each year. He has tremendous passion for his work and strives to achieve outstanding results. Many of his patients are models who have appeared in the pages of *Playboy*, *Maxim*, and other leading magazines.

Dr. Ciaravino is a fitness enthusiast and enjoys working out with weights, cardiovascular exercise and proper nutrition. Against the advice of his dermatology colleagues, he is a sun-worshiper ("It's OK, I use sunblock") and enjoys the beach, boating and his latest hobby — kiteboarding ("a new extreme sport that's a blend of surfing, water-skiing and parasailing," he explains). He also likes traveling and spending time with family and friends.

::WHAT IS YOUR SPECIALTY? I specialize in cosmetic surgery of the breast.

::WHERE DID YOU DO YOUR RESIDENCY? I did my general surgery residency in Florida and plastic surgery residency in Houston.

::WHY DID YOU CHOOSE THIS FIELD? Plastic surgery gives me the opportunity to use my artistic and surgical skills to help others improve their appearance and feel good about themselves. It's extremely rewarding and challenging. I LOVE my job.

::WHAT IS YOUR FAVORITE MEDICAL TV SHOW, AND WHAT IS IT ABOUT THE SHOW THAT HAS ANYTHING TO DO WITH REALITY? I get a kick out of *Nip/Tuck* and the way they portray the lives of plastic surgeons. While there may be an element of truth, most of it is greatly exaggerated.

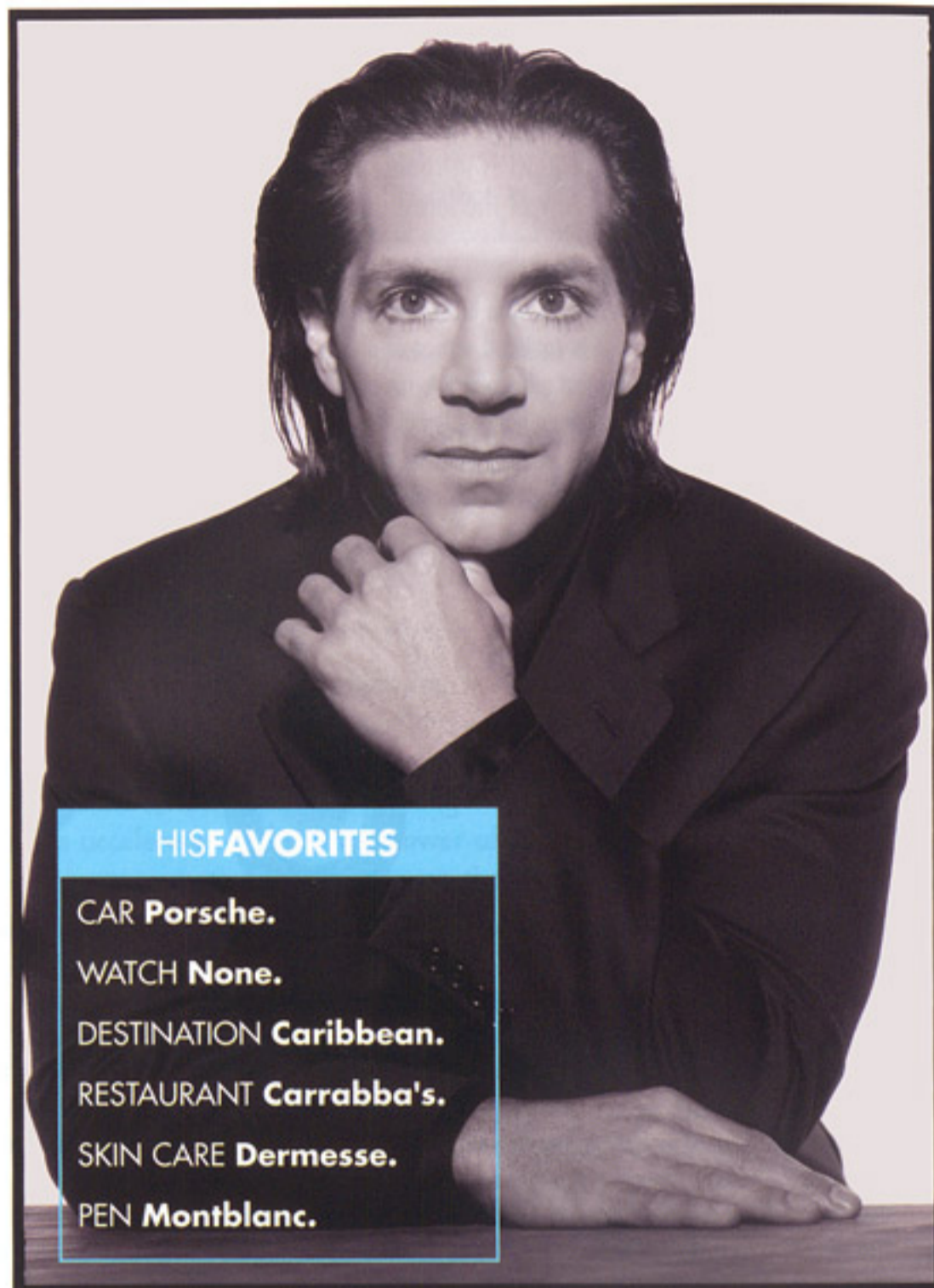
::WORK SHOES? Prada slip-ons.

::WHAT DON'T YOU LIKE ABOUT GOING TO THE DOCTOR? Being told to turn my head and cough.

::WHAT DO YOU WISH YOUR PATIENTS WOULD DO TO HELP YOU CARE FOR THEM? Tell me their goals and the look they want to achieve. Ask questions. And follow our instructions before and after surgery.

::WHAT'S YOUR FAVORITE PART OF THE FOOD PYRAMID? I live on chicken, Starbucks and water.

::WHAT ARE YOU SQUEAMISH ABOUT? Blood (just kidding).



HIS FAVORITES

CAR Porsche.

WATCH None.

DESTINATION Caribbean.

RESTAURANT Carrabba's.

SKIN CARE Dermesse.

PEN Montblanc.

::WHAT WOULD YOU PUT ON A PERSONALIZED LICENSE PLATE? A license plate frame.

::DID YOU HAVE A MENTOR? I trained under many outstanding plastic surgeons, like Dr. Biggs and Dr. Cohen.

::WHAT WOULD YOU BE IF YOU WEREN'T A SURGEON? A rock star.

::WHAT'S THE LONGEST STRETCH YOU'VE EVER STAYED AWAKE? I routinely worked 36-hour shifts as a surgery resident.

::DO YOU WATCH THE CSI PROGRAMS? No. I don't have much time for TV.

::IF YOU COULD FIND A CURE FOR ANY DISEASE, WHICH WOULD IT BE? Cancer.