

AFTER FACIAL SURGERY (BLEPHAROPLASTY)

WHAT TO EXPECT

Your eyelids may feel puffy and numb following surgery. A certain amount of bruising and swelling is also to be expected. This will diminish in 2-3 weeks. If your face or eyes begin to swell abnormally fast or throb from pressure of swelling, please call the office immediately.

ACTIVITY

Rest at home for 1-2 days following surgery. Avoid activities that may dry your eyes immediately following surgery such as reading, staring at the computer or television, or wearing contacts.

AFTERCARE

Saline eye wash may be used to rinse the eyes as needed. Place cold compresses over the eyes and rotate every 30 minutes for 24 hours. You may use make up and facial creams after 3-4 days but please be careful to avoid suture lines. You may resume driving at your discretion and once you feel comfortable, but not under the influence of pain medication. Protect your incisions from sun exposure for at least 3 months after surgery to lessen chance of scarring.

SLEEP

Sleep with your head elevated to minimize swelling.

MEDICATION

Take your pain medication and antibiotic as prescribed. Do NOT take Advil, Aspirin, or Aleve products for two weeks after surgery. You may take Tylenol products.

BATHING

Showering and bathing are permitted the next day after surgery. Try to keep incisions as clean and dry as possible for two weeks following surgery.

SUTURES

Typically dissolvable sutures are placed along incisions. If sutures are placed that need to be removed, we will set up an initial follow up visit 5-7 days after surgery to remove them.

**Please feel free to call the office at any time if you have additional questions or concerns at 713.627.1200.