

# AFTER FACIAL SURGERY (BROW LIFT)

WHAT TO EXPECT	Discomfort and tightness from ear to ear across the top of the head and brow is common. Most patients describe their forehead as feeling tight and somewhat numb the night of surgery. Temporary bruising, swelling, and numbness are common the first night after surgery. Maximum swelling occurs 2-3 days post-surgery and begins to subside between 4-5 days. Please note that bruising will appear less in the brow than in the neighboring areas. As a result, any bleeding usually collects below the eyelids and bruises the lower lids, even if the lower lids are not operated on. The bruising is worst days 3-5 and will resolve within 2-3 weeks. If your face or eyes begin to swell abnormally fast or throb from pressure of swelling, please call the office immediately.
ACTIVITY	Rest at home for 1-2 days following surgery. During the first week of recovery, you should move and be mildly active, including going for walks to aid circulation in your lower extremities. However, do not attempt heavy lifting or strenuous activity until 6 weeks after surgery. Most patients are comfortable to return to work after 1 week.
AFTERCARE	You may use make up and facial creams after 3-4 days but please be careful to avoid suture lines. You may resume driving at your discretion and once you feel comfortable, but not under the influence of pain medication. Protect your incisions from sun exposure for at least 3 months after surgery to lessen chance of scarring.
SLEEP	Sleep with your head elevated to minimize swelling.
MEDICATION	Take your pain medication and antibiotic as prescribed. Do NOT take Advil, Aspirin, or Aleve products for two weeks after surgery. You may take Tylenol products.
BATHING	Showering and bathing are permitted the next day after surgery. Try to keep incisions as clean and dry as possible for two weeks following surgery.
SUTURES	Typically dissolvable sutures are placed along incisions. If sutures are placed that need to be removed, we will set up an initial follow up visit 5-7 days after surgery to remove them.

**Please feel free to call the office at any time if you have additional questions or concerns at 713.627.1200.**