

plastic surgeon

# DISCOVER YOUR FULLEST POTENTIAL

By  
**DR. MICHAEL CIARAVINO**  
CIARAVINO TOTAL BEAUTY  
HOUSTON, TEXAS

**C**ommitted to helping

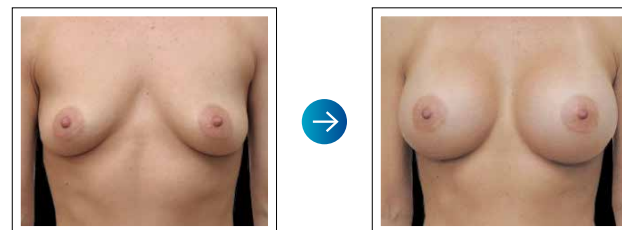
his patients achieve their best body ever, Dr. Michael Ciaravino aims to deliver life-changing results. Known as “The Breast Doc” by his patients and peers, he has built a successful practice by focusing his skill and expertise on procedures for the breast. “It’s rewarding to know that I’ve been able to help so many women look great and feel confident,” says Dr. Ciaravino. With a range of patients that includes models, professionals, students and stay-at-home moms, he places the utmost importance on understanding both their lifestyle and aesthetic goals in order to tailor the procedure to meet each patient’s unique needs.

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*CIARAVINO CARE—our unique approach to breast surgery optimizes our patients’ outcomes.*

## INSIDE MY PRACTICE

- 1. CAREER-DEFINING PROCEDURE**  
My rapid recovery breast augmentation procedure
- 2. MY DREAM INNOVATION**  
Adjustable breast implants that could be changed according to your mood
- 3. THE BIGGEST MISCONCEPTION ABOUT MY FIELD**  
That bigger is always better; it’s not. It’s important to consider anatomy and proportions when selecting breast implant size
- 4. THREE WORDS THAT BEST DESCRIBE ME**  
Driven, caring, fun
- 5. WHAT I LOVE MOST ABOUT MY PROFESSION**  
I love that plastic surgery can have a tremendous impact on my patients’ lives
- 6. HOW I WOULD SPEND EXTRA TIME IN A DAY**  
I would spend more time playing guitar
- 7. CELEB PHOTOS MY PATIENTS MOST OFTEN BRING IN**  
The Victoria’s Secret models
- 8. MY GREATEST ACHIEVEMENT**  
Raising my twin daughters, Gianna and Angelina



**A Fuller Bust**

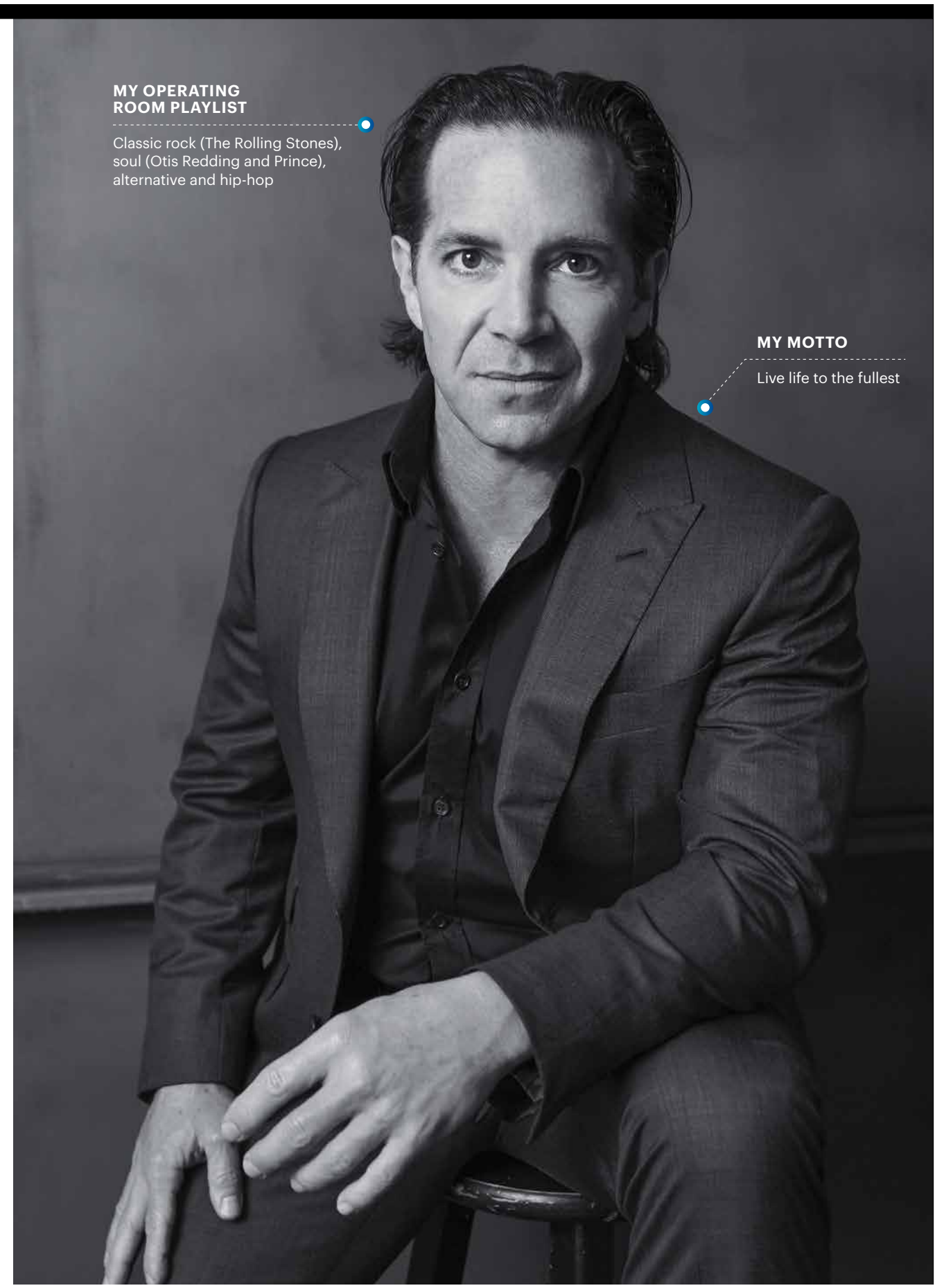
To achieve fuller, natural-looking breasts, Dr. Ciaravino performed a breast augmentation on this 26-year-old patient using 350-cc high-profile silicone implants.

### MY OPERATING ROOM PLAYLIST

Classic rock (The Rolling Stones), soul (Otis Redding and Prince), alternative and hip-hop

### MY MOTTO

Live life to the fullest



### ABOUT DR. CIARAVINO

Dr. Micheal Ciaravino is a member of the American Society for Aesthetic Plastic Surgery, the American College of Surgeons and the American Society of Plastic Surgeons. He has performed more than 10,000 breast surgeries and is an active member of Mentor’s LEAD council, a distinguished group of plastic surgeons recognized for their expertise in breast augmentation.

### MY CREDENTIALS

**Medical Degree**  
University of Florida

**Board Certification**  
American Board of Plastic Surgery

### CONNECT

Visit the doctor’s gallery of **before-and-after** photos at: [newbeauty.com/ciaravino](http://newbeauty.com/ciaravino)

**Location**  
Houston, Texas

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713.627.1200

[thebreastdoc.com](http://thebreastdoc.com)



### A FEW OF MY SPECIALTIES...

- Breast Augmentation
- Breast Lift
- Breast Reduction
- Abdominoplasty
- Body Contouring
- Liposuction
- Aesthetic Injectables